# **ESMMed**



## DISTAL RADIAL FRACTURE CASE 1

Extra-articular displaced radius fracture (Colles) treated with VRP PEEK plate

#### PRE OP

### AT A GLANCE

#### PATIENT DETAILS

- 26 yrs of age, female
- Left Wrist, high energy trauma while driving
- No co morbidities or other fractures

#### POST OP REGIME

- After the surgery the patient was immobilised in a forearm splint for 2 weeks.
- After this initial range of time she started some physiotherapy.



POST OP







#### Discussion

2 months after the surgical procedure there was an excellent functional result with an almost complete range of motion of the wrist. 3 months after the surgical procedure she could return to all her normal activities with a complete range of motion of the wrist. No major complications were identified.







#### Surgeon

Prof Tarallo is an orthopaedic surgeon who trained at the university of Modena and Reggio Emilia specializing in orthopaedics and traumatology with a particular interest in upper extremity diseases.